

CELEBRATING

10

YEARS

OF SHINING BRIGHT!

Check out our **newly updated website** to learn more about how Elliott PT can provide you with exceptional care!

www.elliottphysicaltherapy.com



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CELEBRATING TEN YEARS OF SHINING BRIGHT



Elliott PT is hitting an important milestone this year: our ten-year anniversary! For the past decade, we've been providing physical therapy services to communities throughout Massachusetts

Over these last ten years, we've developed a practice that we're immensely proud of, and that's why we're celebrating our 10th anniversary by highlighting some of the things that set us apart.

Want to experience these differentiating details first hand? Schedule an appointment today! Whether you want to finally discover what's causing that lingering back pain or just want a check-up to ensure everything's working as it should, our team is here for you.

Four Things That Make Us a Exceptional

1. Our care team.

Across all of our locations, we employ over 100 team members - from our administrative team of care coordinators who help you schedule appointments, to our authorization team members who get your visits approved and answer insurance questions, to our talented physical therapists who keep you healthy and active - each one is dedicated to helping you reach your goals. We also have a corporate team of marketing, finance, personnel and leadership who work behind the scenes to cultivate the best experience possible for our people and our patients.

Our treatment style is based on a conscious decision to follow the most up-to-date research which promotes movement and strength-based physical therapy over passive treatment approaches. The results we achieve are impressive.

Over the last few years we have also created additional opportunities for students studying physical therapy in our communities, and those who are interested in learning more about the profession, to have

experiential learning opportunities at our clinics.

This year, we will also introduce care extenders to our team. We will be welcoming licensed Physical Therapist Assistants (PTAs) to help us better serve our communities. PTAs play a vital role in the physical therapy profession, providing crucial support to licensed Physical Therapists (PTs) in delivering comprehensive care to patients. With specialized training and licensure, PTAs are adept at implementing treatment plans under the supervision of PTs and aiding in the rehabilitation and management of various musculoskeletal conditions. We are excited for this new addition within our practice.

Why this makes us different: Our emphasis on hiring the right people - people that care, aligning individuals with our company's values, and supporting one another to ensure our patients thrive throughout their journey, truly results in an elevated experience across the board.

2. We're always learning.

We emphasize the importance of continuing education, which means our physical therapists are always attending courses to learn about the latest treatments as well as pursuing certifications in various specialties.

We emphasize the importance of continuing education for all of our team members. This means our clinical team members aren't the only ones committed to expanding their knowledge. Our administrative team members participate in various courses from customer service training, to insurance seminars and leadership development. Some team members have even started learning a new language to help patients navigate their care. Our physical therapy team consistently hosts in-services and attends courses to learn about new research supported treatments while also pursuing certifications in various specialties.

Why this makes us different: Our team believes in growing and evolving and celebrating those achievements. Whether admin, clinical or anything in between, our team members educate themselves to advance personally and professionally and provide better experiences for our patients. Physical therapy isn't a static field - by keeping up with the most up-to-date research and treatments, we can provide the most effective, high-quality care.

3. We believe in a continuum of care.

One of our foundational goals is to debunk the myths surrounding the physical therapy industry. Historically, you may have heard that physical therapy is only necessary when you are injured, post-surgery or elderly. This is simply untrue. Though physical therapy is valuable in each of those scenarios, there are so many others where physical therapy can be helpful but is frequently overlooked. We not only aim to educate people on all of the areas where physical therapy is useful (injury prevention, chronic pain, dizziness, Parkinson's, etc.), but we take it a step further in promoting a continuum of care.

Why this makes us different: The typical model for treatment is to evaluate a patient, create a plan of care and then once they are 80-100% better, discharge them. We, however, want to become your physical therapist for life. We believe every individual would benefit from

checking in with their PT at least once a year - like you do with your PCP. This promotes self-care as well as staying as active, healthy and pain-free as possible. Even if you're just experiencing nagging neck pain when you walk into your annual PT visit, (something you may have otherwise just kept ignoring) your physical therapist can evaluate you and provide exercises that will help relieve your pain. Doesn't that sound nice?

4. We love our community!

We recognize that each of our locations is part of the broader community, and we work hard to stay connected to the people we serve. We would never have made it to ten years without the support of our friends, family, patients and local organizations, which is why we're always looking to give back. Whether it's hosting a community strength clinic, or attending local fundraising events, we can't wait to get out there and see you!

Why this makes us different: Getting involved with our community allows us to get to know the most important part of our practice: you! By going out and participating in events all year long, we understand what our community needs and what we can do to provide it.

How You Can Help Us Celebrate

What we really want to do to celebrate our ten-year anniversary is to continue to provide our patients - both new and returning - with exceptional physical therapy care. And we can't do that without you! Here are just a few of the things we can do for you this spring and summer:

- Assess your injury risk before you start up your favorite summer activities again
- Resolve and manage musculoskeletal injuries you sustained in a car accident, while you were at work, or while playing sports
- Manage pain from osteoarthritis so you can fully enjoy the warmer weather
- Develop a personalized fall prevention plan to keep you on your feet
- And much more!



Darryl Elliott

Owner & Physical Therapist

Darryl Elliott, PT attended Northeastern University and graduated as a physical therapist in 1990. During his 30+ year career, Darryl Elliott has provided physical therapy at the Carney Hospital, in outpatient private practice, and at Boston University. He also taught both physical therapy and athletic training courses as an adjunct faculty member at Northeastern University and Boston University.

Over the last twenty years, Darryl Elliott has successfully developed physical therapy offices as a partner in a large physical therapy company and at his own company Elliott Physical Therapy founded in 2014. Darryl has held leadership roles in the Massachusetts Chapter of the APTA, is currently an active board member of the New England Physical Therapy Network (NEPTN), the South Shore Chamber of Commerce, Beth Israel Deaconess-Milton Hospital Advisory Board, Chequessett Club Board and the Northeastern University Physical Therapy Program.

Darryl is also active in many local community organizations, always willing to lend his time and talent to organizations that improve population health and well-being. Darryl has a beautiful family and boundless energy. You will often see him with his wife, Patti, and their now adult boys shucking oysters, entertaining friends or battling on the golf course or tennis courts.

Establishing Elliott Physical Therapy is the realization of a life-long dream for Darryl. He is passionate about building community-based clinics focused on strengthening, attracting



and mentoring the best physical therapists, advocating for the profession he loves and creating a culture where both his teams and patients are cared for and valued.

Patti Elliott

Co-Owner/Director of Marketing

Patti Elliott is Co-Owner and Director of Marketing at Elliott Physical Therapy. She works collaboratively with community groups and local charities to support their initiatives while introducing the healing benefits of movement. Patti has lived in the greater Boston area her entire life. She has two sons, Tommy and Jack, who are often with her at community events and helping her with technical needs. A graduate of Fontbonne Academy, she is passionate about providing leadership and athletic opportunities for girls. An avid storyteller, Patti discovered her love of language and short story writing at

Stonehill College. She continues to use those skills today in her role as Director of Marketing.

Working summers as a camp counselor for Camp Joy at the Curley Recreation Center in South Boston sparked Patti's interest in becoming a pediatric speech and language pathologist. Upon graduating from MGH Institute of Health Professions in 1997 with a dual certification in speech and reading, Patti worked for many years as a pediatric speech and language pathologist at Brockton Early Intervention.

Patti founded Elliott Physical Therapy in 2014 with her husband, Darryl. At Elliott, she serves as an owner, member of the leadership team and as the Director of Marketing. She is engaged and actively involved in the growth decisions for Elliott. She picks locations that are both appealing to herself, patients and the teams who will be working in both the physical spaces and the communities surrounding those clinics.

Building healthier communities through education and movement is a mission that Patti embodies through her work and philanthropy.



We're Hiring!

Are you ready to grow with us? Let's see what the NEXT 10 years will bring together.

Now hiring physical therapists in Dorchester, Easton, Hanover, Hingham, Milton and North Attleboro.



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