

Team Injury Screen & Prevention Program



WHAT DO WE DO?

Step 1: Data Collection

Our expert staff collects objective data using sport specific testing protocols and our new Kinotek motion capture system.

Step 2: Analysis & Organization

After the screening, we analyze the data to find the general needs of the team and the needs of individual athletes. We then organize it all into reports that will be sent to athletes, families, coaches and anyone else on the athlete's development team.

Step 3: Reporting & Intervention

We send out the reports and data to athletes with individualized recommendations for interventions to minimize injury risk and improve performance. These interventions include but are not limited to fitness or strength training for healthy individuals or physical therapy for those who present with pain or injuries.

Group Pricing:
\$30/Athlete

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